



Parent/Guardian Code of Conduct

The Role of Parents

Parents and guardians are essential to a swimmer's growth — as role models, supporters, and partners in building an environment where athletes thrive. Your actions, words, and attitude impact not only your child but the entire team. This Code ensures that your investment of time, energy, and resources supports your swimmer's journey while upholding the mission and culture of Paseo Aquatics.

Parent/Guardian Expectations

Please initial each code:

- **Model Team Values.** Practice teamwork with all parents, swimmers, and coaches by supporting discipline, loyalty, hard work, and commitment to excellence. _____
- **Respect Coaching Boundaries.** Parents are not coaches. Do not instruct your swimmer or other athletes at practices, meets, in the car, at home, or on the pool deck. Conflicting directions undermine the coaching process. (e.g., *shouting stroke corrections from the stands, reviewing technique videos with your child against the coach's direction, contradicting feedback given by the coach.*) _____
- **Follow Communication Protocols:**
 - Speak with coaches before or after practice, not during. _____
 - Athletes age 12+ are expected to take the lead in communicating directly with their coach. _____
 - Parents may request a meeting with coaches or administration only after the athlete has taken this step and the matter remains unresolved. _____
 - At no time should a parent engage in sideline debates, public confrontations, or unauthorized text/email exchanges with coaches. _____
- **Direct Concerns Appropriately.** Questions about Paseo Aquatics as an organization must be taken directly to the Administration. Discussing issues with other parents, swimmers, or coaching staff outside this process is considered gossip and will be disciplined. (e.g., *venting frustrations in a group chat, complaining about staff decisions poolside, emailing other families to rally support against a coach or policy.*) _____



- **No Gossip, Rumors, or Discord.** Spreading rumors, negative talk, or creating division harms the team and will not be tolerated. This includes in-person, digital, and social media conduct. _____
- **Demonstrate Good Sportsmanship.** Conduct yourself with respect toward swimmers, coaches, officials, and other parents at all times. (e.g., *berating officials, loudly criticizing a child's performance, rolling eyes, or mocking coaches or other athletes.*) _____
- **Maintain Self-Control.** Follow S.C.O.P.E. _____
 - **Swimmers** → **Swim**
 - **Coaches** → **Coach**
 - **Officials** → **Officiate**
 - **Parents** → **Parent**
 - **Everyone** → **Enjoys**
- **Support Without Pressure.** Celebrate effort, improvement, and persistence. Avoid criticism or outcome-driven pressure. (e.g., *telling your swimmer they "must" win, comparing them negatively to teammates, and punishing them for a poor performance.*) _____
- **Respect Meet Protocol.** Any questions about officiating or meet decisions must be directed through a Paseo coach, never by a parent directly to an official. _____
- **Zero Tolerance for Abusive Behavior.** Criticizing, berating, or using abusive language or gestures toward swimmers, coaches, parents, volunteers, or officials is forbidden. _____
- **Digital Conduct Applies.** Respect extends to all texts, emails, social media, video/photo, and communication platforms. Parents may not use digital channels to gossip, criticize, or attack the team or its members. (e.g., *taking photos/videos of a staff member without knowledge or permission, negative social media posts about coaches, hostile emails to volunteers, exclusionary or divisive group chats.*) _____
- **Respect Volunteers and Staff.** Treat team volunteers, staff, and representatives with courtesy in person, by phone, and in digital communications. (e.g., *dismissive or hostile tone with meet volunteers, snapping at admin staff, rude messages to team representatives.*) _____
- **Punctuality and Safety.** Parents are directly responsible for ensuring swimmers arrive and are picked up on time. Chronic late pick-up will result in a \$15 fine per 15 minutes late. _____



PASEO AQUATICS

SWIM CLUB

- **Cooperation with Investigations.** Parents agree to support the club during any investigation of disruptive behavior. Retaliation, interference, or defiance of disciplinary action will result in dismissal from the team. (e.g., *attempting to intimidate another family after a complaint, spreading gossip in response to a disciplinary action, and encouraging your child to defy a coach after discipline has been given.*) _____
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Consequences for Violations

Should any parent or guardian behave in a manner that brings discredit or discord to Paseo Aquatics—or to USA Swimming—that parent/guardian may be subject to disciplinary action. Paseo Aquatics reserves the right to terminate any membership, with or without cause, if deemed necessary to uphold the mission, vision, and objectives of the organization. These standards are set with the best interests of our swimmers at heart.

Acknowledgment

I have read and understand the expectations stated above. I agree to comply with the responsibilities outlined. If one parent/guardian signs, these expectations apply to both parents/guardians in the household.

Printed Name _____ **Date** _____

Parent/Guardian Signature _____