



Locker Rooms and Changing Areas

Minor Athlete Abuse Protection Policy (MAAPP)

Locker rooms and changing areas are private and enclosed spaces in which abuse can occur. To protect minor athletes, MAAPP limits one-on-one interactions and outlines clear expectations for Adult Participants.

Note:

- Adult Athletes are considered *Adult Participants*.
 - Adult athletes must read and understand their responsibilities under this section.
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Frequently Asked Questions

Q: What does it mean to provide a private or semi-private place for minor athletes to change?

A: Minor athletes must be offered the option of a private or semi-private space (e.g., bathroom stall, pop-up changing tent).

Q: Can adult athletes shower before or after practice or events if minor athletes are present?

A:

- If the *Close-in-Age Exception* applies, adult athletes may shower with minor athletes present.
 - Quick rinses before/after events in swim apparel are also permitted.
 - Otherwise, adult athletes must shower when no minor athletes are present.
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Q: What does the word “expose” mean in Section V?

A: “Expose” means purposely showing private parts or remaining bare-skinned for an abnormal amount of time while changing. Adult athletes should turn away and shield themselves. This rule does not apply to areas of the body visible while wearing competition-appropriate swimwear.

Q: Does this policy only apply to locker rooms at competitions?

A: No. MAAPP applies to all locker rooms and changing areas used during in-program activities such as practices, competitions, and camps.

Q: Does this mean athletes over 18 cannot share a locker room with athletes under 18?

A: No. Adult Participants may share locker rooms with minor athletes, but must not be alone one-on-one with a minor unless a policy exception applies.

Q: Can U.S. Masters Swimming (USMS) members use locker rooms at the same time as minor athletes?

A: If a USMS member qualifies as an Adult Participant, they may not be alone one-on-one with a minor athlete. MAAPP does not prohibit shared use, provided the Adult Participant is not alone with a minor.

Q: Can an athlete deck change?

A: No. Deck changing is prohibited by USA Swimming and MAAPP. Pop-up cabanas are provided to assist in enforcing this rule.

Q: How can clubs comply if using public facilities?

A: MAAPP applies only to Adult Participants, not the general public. Clubs are responsible for ensuring Adult Participants follow the policy.



Q: If two teams share a practice facility, can adult athletes from one team share locker rooms with minors from another team?

A: Yes. Athletes from different teams at the same facility are treated as teammates, provided adults are not alone one-on-one with minors.

Facility Guidelines

- **Santa Clarita Aquatic Center**
 - Adults: restrooms only; showers/changing areas restricted.
 - Athletes: may use shower changing area.
 - Meets: restrooms clearly labeled for Athletes vs. Adults. Additional adult restrooms available at the skate park.
 - **Paseo Aquatics Club**
 - Athlete-only shower changing rooms (main structure).
 - Adults: use restrooms in stand-alone building at pool's end.
 - **Santa Clarita City Pools (All)**
 - Changing rooms and showers: athletes only.
 - Adults: use adjacent building restrooms.
 - **Castaic Aquatics Complex**
 - Changing rooms and showers: athletes only.
 - Adults: may request access to staff restroom.
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Paseo Aquatics Locker Room Monitoring Guidelines

Intent: To maintain personal privacy and reduce risk of misconduct.

Monitoring

- Coaches/staff monitor when athletes leave for locker rooms and check if they do not return promptly.
- Coaches never enter an opposite-sex locker room; facility staff of the same sex will be asked to check.
- Parents are discouraged from entering locker rooms. If necessary, it must be a same-sex parent.
- Parents assisting children under age 8 or with disabilities should notify coaches/admin beforehand.
- Practices are staggered, so constant monitoring is impractical. Instead, periodic sweeps are conducted by same-sex staff.
- At competitions, athlete restrooms/changing areas are separated from adult restrooms. Paseo policy follows MAAPP at all times.

Use of Cell Phones & Recording Devices

- Recording devices of any kind (cell phones, cameras, audio/video recorders) are **prohibited** in locker rooms, restrooms, or changing areas.
- USA Swimming Rule 305.3: *"Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, restrooms, or locker rooms."*